Do we make a difference?
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WAKE UP TO A SILENT DISCO
Wednesday 27th May
Help us celebrate World MS Day

Craving a different start to your working day?
May 25, 2015

#strongerthanMS
May 20, 2015

MS community shouts out ‘Together we’re stronger...
May 19, 2015
Mission

To enable and empower people affected by Multiple Sclerosis to live the life of their choice to their fullest potential
Research

- **Demyelination project** – our co-funded project with the National University of Ireland, Galway

- **UL Partnership** – many projects on-going including sensation, whole body stimulation; GTBR research featured in MS Journal; Dr Coote awarded Research Excellence Award

- **Atlas of MS & MS Barometer**

- **Mobility in MS** – research in partnership with Biogen Idec

- MS Ireland’s 2013/2014 [Research Programme](#) accepted formal applications which follow our theme:

  'Exercise and physical activity interventions which can improve the quality of life for people with MS'
**Research**

**Physiotherapy & Exercise**

Getting the Balance Right is MS Ireland’s nationwide exercise-based, health promotion and research programme for people with Multiple Sclerosis. The aim of the programme is to give people with MS the opportunity to access physiotherapy and exercise related interventions at a pace and place suitable to the person’s need.

It is also an opportunity to profile people’s needs and assess the benefit of interventions, allowing us to provide and advocate for better services for people with MS.

The cost of the programme is €250K per year and it is fully funded through fundraising income.
Introduction
This study will gather information regarding current practice and strategies used to support management of bladder dysfunction among people with multiple sclerosis (MS). The findings of this study will identify what needs to be put in place to facilitate successful self-management of bladder dysfunction.
The aim of this study is to measure the total economic impact of MS on the person with MS, their carer, and society.

This new study will address an evident gap in the Irish literature on this topic.

This will be achieved by, firstly, recruiting a national and large sample of people with MS.

Secondly, we will examine in greater detail the ‘indirect costs’ associated with MS, such as the impact of MS on employment and impact of the condition on caregivers.
• **MS Nurse PRO** online course launched for nurses working with people with MS

• **Self Management Programmes**

• **Believe and Achieve** event held for young people with MS

• **MS & Me** community blog launched to create an interactive forum for people affected by MS
Advocacy & Campaigning

• **Access To Treatments** - Campaign to reimburse Gilenya and improve access to Tysabri. Meetings, representations to elected representatives, publicity and ‘Email You TD’

• **Model of Care For MS** – HSE lead project to better navigate and plan holistic services for people with MS

• **Tackling MS in Europe** - UN declaration calling for better access to treatments Europe wide, nurse training and establish national registries.

• **International Progressive MS Alliance** - Connect to end Progressive MS
Neurological Alliance of Ireland

National Clinical Programme in Rehabilitation Medicine
NAI has participated in the development of the Rehabilitation Medicine Programme

National Neurorehabilitation Strategy
NAI called for a consultation on the draft implementation plan for the neurorehabilitation strategy to be open to all stakeholders.

The NAI response to the call for submissions on the operation and effectiveness of the Disability Act and NDS implementation Plan (May 2015)

NAI & Irish Hospice Foundation Roundtable Report on Palliative Care
The NAI & Irish Hospice Foundation prepared a report from the November 2014 roundtable on neurological conditions and palliative care
Thank You
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